

Freedom isn't just a concept in Verbier—it's a way of life. In this captivating destination, freedom means more than living without constraints; it's about the ability to truly embrace it. From the exhilarating adventures offered by electric mountain bikes to the tranguil, technology-free havens that free us from our limitations. Verbier is a place where liberation and freedom thrive.

THE PROTECTED NATURAL AREA OF **UPPER VAL DE BAGNES**

The Upper Val de Bagnes, with its rugged landscapes, vast glacial expanses, imposing mountain ranges and rich diversity of natural environments, is recognised as being of national importance. For this reason, it is listed in the IFP (Federal Inventory of Landscapes, Sites and Monuments of National Importance) to protect its natural and unspoilt character. The region is also a federal free zone where the fauna is protected to allow the wildlife to regenerate and preserve a healthy population.

www.ofev.ch

VERBIER E-BIKE FESTIVAL: 15 - 18 AUGUST

From 15 to 18 August, Verbier switches to electric mode! For four days, e-bike enthusiasts of all ages and abilities get the chance to take part in activities dedicated to gravel, road, cross-country, enduro and downhill version 2.0. The heart of the Swiss mountains comes alive with discovery hikes, gourmet food tours, thrilling competitions, cutting-edge gear tests and legendary climbs that push your limits.

www.verbierebikefestival.com



AWARENESS WEEKEND IN LOUVIE

From Fionnay, the climb begins with only the sound of footsteps and breathing, leading to the Louvie plateau with its lake, hut and panorama of the majestic Grand Combin. Once you've slipped off your shoes, soak up the peacefulness of the place under the good care of Claudia, the hut's caretaker, before a sunset yoga session with Amélie at the end of the day. The next morning begins with chakra opening at dawn followed by another guided hike before descending back to Fionnay.

Day 1: 2-hr walk + Yoga Day 2: Yoga + 4.5 hr Walk

Dates: 25-26 May, 8-9 June, 28-29 September, 5-6 October

Price: CHF 270.- p/person

www.louvie.ch

Fitted with brakes and shock absorbers, all-terrain scooters are fun for both adults and kids looking for excitement. For a safe and thrilling experience, Verbier offers two dedicated trails: Savoleyres to La Tzoumaz allows you to explore the Rhône Valley between mountain roads and forests, and Les Ruinettes to Médran with a breathtaking bird's-eye views of Verbier as you descend.

Prices: CHF 25 (including rental and pass)

www.verbier4vallees.ch

→ FREEDOM

HÔTEL BEAU-SITE

For nearly 110 years, the Hotel Beau-Site has been welcoming visitors to its idyllic setting on the hills above the Rhone Valley. This historic and eco-friendly building has 13 rooms offering total peace and quiet with oldworld charm. In the restaurant, chefs use organic, local and/or fairtrade ingredients to prepare vegetarian dishes, which you can enjoy on the terrace with a panoramic view of the Trient massif. the Catogne and the Grand Chavalard. Whether you prefer to stroll through the surrounding forests or go on a challenging hike to Pierre Avoi, the choice of itineraries from the Beau-Site are endless. Throughout the year, yoga retreats, tai chi courses and meditation weekends offer the perfect opportunity for rejuvenation and inner peace.

Rates: Valid all year round (overnight stay including breakfast):

single room: CHF 110 room for 2 persons: CHF 159 room for 3 or 4 persons: CHF 179 to 199

www.chemin.ch

ON YOUR SCOOTER!

 \rightarrow Hire scooters at La Tzoumaz and Savoleyres. Last run at 4pm